



# **RAD Cycle Products MAX RACER PRO INSTRUCTION MANUAL**

# ***RAD MAX RAGER PRO BIKE TRAINER***

- ⚡ Train Indoors All Seasons
  - ⚡ Easy Setup, Quiet Operation
  - ⚡ Folds Easily for Storage or Transport
  - ⚡ Simulate Road Riding/Speed/Interval Training
  - ⚡ Fits Bikes with 26 - 28" & 700cc Wheels
  - ⚡ Progressive Magnetic Resistance Increases with Speed
  - ⚡ Front Wheel Anti-slip Leveling Stand
  - ⚡ 7 Level Adjustable Resistance Controller Attaches to Handlebars--Instant Control
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## **Your new bike trainer allows you to keep cycling all year long!**

The minute you start pedaling the **quiet** internal magnetic resistance begins, allowing you to maximize your workout. To increase or decrease resistance simply change the setting of the resistance controller which attaches to your handlebars. Alternating gear changes with resistance settings will also offer a varied, complex and customizable workout. Its extra wide legs, sturdy and foldable frame ensure a stable platform for road or mountain bikes and makes it simple and easy to store out of the way or pack up for transport.

Please use common sense when using your trainer: watch your fingers when folding the frame, always use on a level surface and keep children and pets away from spinning wheels when operating. Enjoy your extended cycling season and **RIDE ALL DAY!**

## **CUSTOMER SERVICE**

**Customer service and product support are available online at [www.radcycleproducts.com](http://www.radcycleproducts.com).**

## **WARRANTY AND RETURN POLICY**

All RAD Cycle Products are warrantied against defects in material and workmanship for a period of one year.

Our return policy allows 30 days from the date of delivery to return products, provided it is new, unused and in the original packaging as received. We highly recommend that the buyer thoroughly inspect the purchased product before using it. We charge a 20% restocking charge on all returned items. Return shipping is the responsibility of the buyer. We cannot accept returns for any reason after 30 days from the date of delivery. A credit will be issued after the item is inspected and accepted.

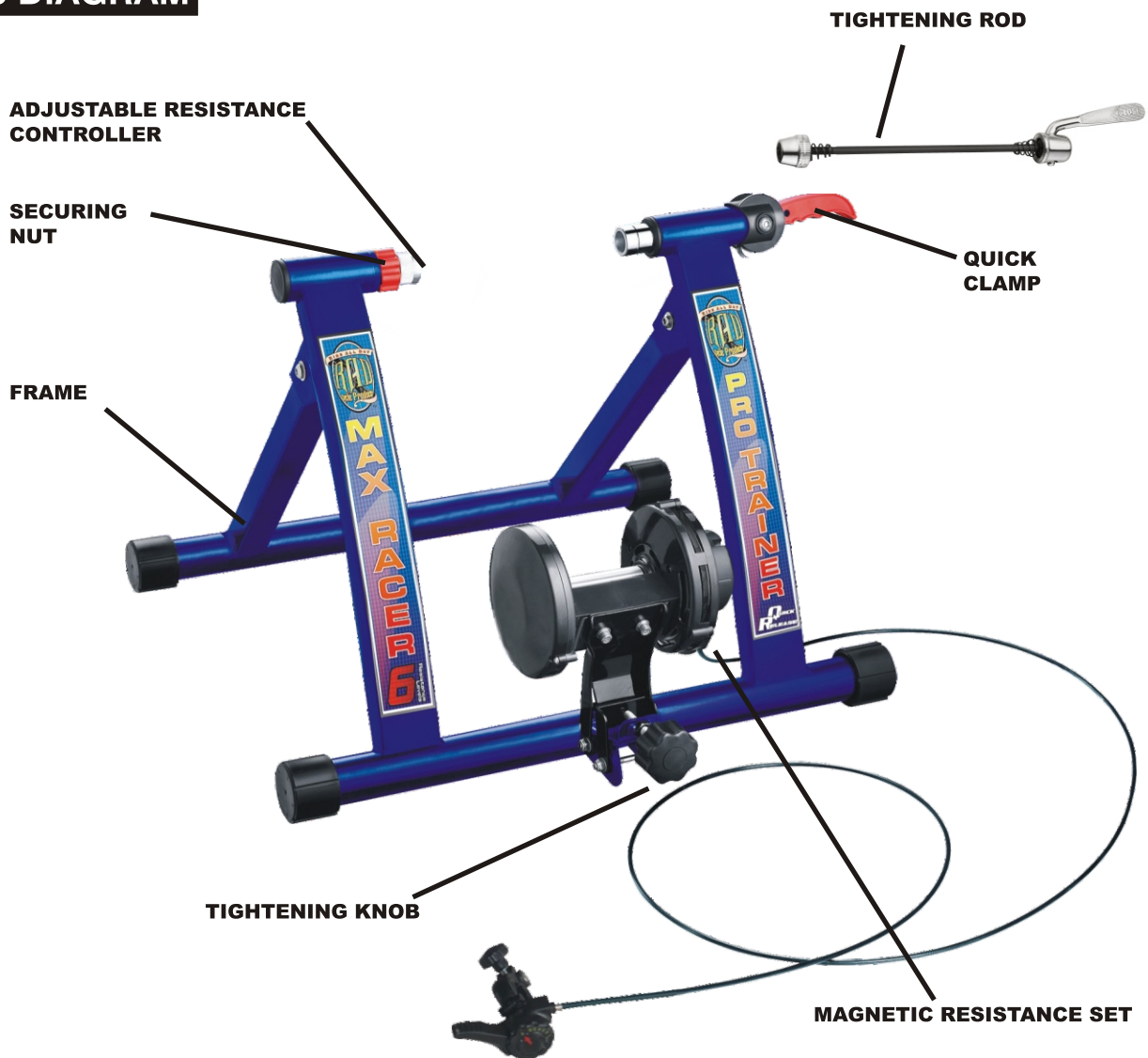
All shipping damages must be claimed with the designated shipper. Check the shipping carton for damage before signing the bill of lading.

If an item is opened and deemed to be defective within 30 days from the date of delivery, please contact us at [www.radcycleproducts.com](http://www.radcycleproducts.com) for return instructions. A RAD Cycle Products RMA is required when returning defective merchandise. When returning your order please include a copy of your order number with date purchased, your RAD Cycle Products RMA and the reason for the return.

Warranty shall not apply to: products which are used for a purpose other than which they were designed for or which have been altered in any way that would be detrimental to the performance or life of the product. Misapplication, misuse, modification of the product or negligence will revoke the warranty.

# OPERATING INSTRUCTIONS

## PARTS DIAGRAM



## SAFETY RECOMMENDATIONS

**IMPORTANT! FAILURE TO FOLLOW ALL INSTRUCTIONS AND SAFETY RECOMMENDATIONS COULD RESULT IN SERIOUS INJURY!**

- ✦ The **RAD MAX RACER PRO** is rated for a maximum load of 265lbs/120kgs. Do Not Overload.
- ✦ **ALWAYS** place your trainer on a flat, level surface. Make sure that all parts, knobs and screws are securely tightened and rods are free of cracks or defects.
- ✦ **KEEP CHILDREN AWAY** from the trainer while in use.
- ✦ **DO NOT** touch spinning wheel or magnetic set roller.
- ✦ **AVOID** braking sharply or suddenly when you are using the trainer because this could cause undue wear on your trainer or your tires.
- ✦ **ALWAYS** warm up properly before exercising and consult a physician before starting a new exercise regimen.
- ✦ **BE SURE** that your tires are properly inflated before riding and keep both hands on handlebars when in use.

# OPERATING INSTRUCTIONS

## MOUNTING YOUR BIKE ONTO THE TRAINER

### Best Practices

For best results, make sure that your tires are inflated to the maximum pressure allowed for your tire.

When training indoors for multiple sessions or seasons, best practice dictates loosening the resistance set so that it does not touch your tire when not in use. This will save wear and tear on your tires.



Figure 1



Figure 2

To attach your bike to the trainer, first:

1. Your trainer comes to you fully assembled and folded (Figure 1). Unfold your trainer and place on a level, flat surface (Figure 2). Open the quick clamp by lifting.
2. Next, set your bike's back wheel into position in the trainer and adjust the tightening clamp by hand to hold your bike in position (Figure 4). Make sure that your bike's quick release lever lines up properly with the clamp's slots, otherwise use the alternate tightening rod provided.
3. Once your bike is held securely, close the quick clamp by pressing down firmly but gently (Figure 5), then tighten the securing nut on the opposite side to tighten completely.
4. Adjust the magnetic resistance set by turning the resistance knob until it lightly touches your bike's tire (Figure 6).



Figure 3



Figure 4



Figure 5



Figure 6



# OPERATING INSTRUCTIONS

## MOUNTING YOUR BIKE ONTO THE TRAINER

5. Attach the adjustable resistance controller to your handlebars by threading the cable around your bike. Position on your handlebars in a position that will make it easily reachable during your workout (Figure 7).

**Note:** Be careful to **KEEP CLEAR OF WHEELS** to avoid damaging the controller or your bike.

6. Finally, place the anti-slip leveling stand under your bike's front tire (Figure 8).

## USING YOUR BIKE TRAINER

Your Max Racer Pro's resistance controller offers several levels of resistance at the touch of a finger. Use these levels, along with your bike's gears, to deliver an infinitely configurable workout.

Be sure to check all hub connections before each use!

Be sure that your front wheel is securely fitted into the anti-slip stand and that the controller cable will not get caught in your wheels, pedals or other parts of your bike.

**ALWAYS** warm up properly before exercising and be sure that your tires are properly inflated before riding. Keep both hands on handlebars when in use.

## REMOVING YOUR BIKE FROM THE TRAINER

1. Remove the resistance controller and cable from your handlebars.
2. Loosen the magnetic set tightening knob to release your tire from the set roller.
3. Pull up on the quick clamp to release the back tire.

## STORING YOUR MAX RACER PRO TRAINER

To store your trainer simply fold and store out of the way until your next use. Be careful to avoid pinching your fingers when folding and avoid storing other equipment on top of your trainer.

Take care to protect the magnetic resistance set, its adjustment knob and the controller cable.

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Figure 7



Figure 8