

## Limited Edition Newport Challenge AR Fluid Rowing Machine

The Limited Edition Newport Challenge AR (Adjustable Resistance) Fluid Rower by First Degree Fitness is designed and engineered by professional rowers and craftsman using only the highest degree of quality components - ensuring complete satisfaction in function, performance, and reliability. With its patented Fluid Technology, First Degree Fitness has incorporated the truest emulation of sensation, sight, and sound of real on-water rowing captured in the private setting of your own home.

The Limited Edition Newport Challenge AR Fluid Rower has the capability to allow the rower to control and adjust the resistance from “Feather light” to “Olympic sprint” delivering a silky smooth resistance to the user’s effort and instantaneous response to input with no “flat sport”. With water resistance being the most accurate manner in which to simulate actual outdoor rowing, the Limited Edition Newport Challenge AR Fluid Rower provides a smooth and consistent sensation throughout the range of motion of the exercise experience.

The Limited Edition Newport Challenge AR features an advanced computer monitor providing the rower with measurable performance output. With the updated USB connectivity and your computer, you have the ability to record your workout sessions, connect with the internet for online racing, and access the web based logging and ranking system. An ergonomically designed seat that rides on precision bearings and rollers for absolute smoothness, an upgraded footboard with advanced heel support, and an innovative soft grip handle to eliminate stress on the hands and wrist during the comfortable, but physical workout. Upgraded tank density and seals provides even strong endurance and safety of the product indoor use. Let the new Limited Edition Newport Challenge AR Fluid Rower take you to the next level of rowing.

### Features and Benefits:

- Improved pulley system greatly increases the resistance, tension, and recoil action.
- Applies fluid resistance technology: Water - nature’s perfect resistance. More resistance than most single resistance level competitors.
- Ergonomic handle: Designed to prevent strain on the arms, wrists, and hands.
- Built-in transit wheels: Built to be light and easy to move around. Stores in just 21” x 20”.
- Super comfortable seat that rides on precision bearings and rollers for absolute smoothness.
- Highest quality anodized aluminum seat rail for smoothness, appearance, strength, and durability.
- No dead spots: Our rowers offer instant catch due to our triple-bladed impeller system. Most other rowers have dead spots which greatly impede on the stroke and flow on a workout.
- Simple assembly and virtually maintenance free.
- Computer displays: Time, distance, 500m split time, strokes per minute, calories per hour, watts, interval training, and optional heart rate reception.
- Computer USB Connection: Record workout sessions, connect with online racing, and access web based logging and ranking system.
- Durable belt drive: Smooth, clean, quiet (no whirring noises), and built to last.
- Solid construction makes this perfect for home gym applications.
- Footboard offers a unique heel support system. Instantly adjusts to foot size. You can row in trainers, sneakers, socks, or bare feet.
- Tank is made of tough polycarbonate shell with a triple-bladed stainless steel paddle. Variable water volume from 9 to 17 liters.
- Maximum user weight - 136kg (300lbs).

**Dimensions:**

- Length: 1975mm (77.8")
- Width: 530mm (20.9")
- Height: 510mm (20.1")

**Warranty:**

- Frame - 5 years
- Tank and Seals - 2 years
- Components - 1 year.

## Limited Edition Daytona Challenge AR Fluid Rowing Machine

The Limited Edition Daytona Challenge AR (Adjustable Resistance) Fluid Rower by First Degree Fitness is designed and engineered by professional rowers and craftsman using only the highest degree of quality components - ensuring complete satisfaction in function, performance, and reliability. With its patented Fluid Technology, First Degree Fitness has incorporated the truest emulation of sensation, sight, and sound of real on-water rowing captured in the private setting of your own home.

The Limited Daytona Challenge AR Fluid Rower has the capability to allow the rower to control and adjust the resistance from “Feather light” to “Olympic sprint” delivering a silky smooth resistance to the user’s effort and instantaneous response to input with no “flat sport”. With water resistance being the most accurate manner in which to simulate actual outdoor rowing, the Limited Edition Daytona Challenge AR Fluid Rower provides a smooth and consistent sensation throughout the range of motion of the exercise experience.

The Limited Edition Daytona Challenge AR features an advanced computer monitor providing the rower with measurable performance output and an updated **USB connection for your to monitor your workouts on your desktop**. An ergonomically designed seat that rides on precision bearings and rollers for absolute smoothness, an upgraded footboard with advanced heel support, and an innovative soft grip handle to eliminate stress on the hands and wrist during the comfortable, but physical workout. Upgraded tank density and seals provides even strong endurance and safety of the product indoor use. Let the new Limited Edition Daytona Challenge AR Fluid Rower take you to the next level of rowing.

### Features and Benefits:

- Improved pulley system greatly increases the resistance, tension, and recoil action.
- Applies fluid resistance technology: Water - nature’s perfect resistance. More resistance than most single resistance level competitors.
- Ergonomic handle: Designed to prevent strain on the arms, wrists, and hands.
- Built-in transit wheels: Built to be light and easy to move around. Stores in just 21” x 20”.
- Super comfortable seat that rides on precision bearings and rollers for absolute smoothness.
- Highest quality anodized aluminum seat rail for smoothness, appearance, strength, and durability.
- No dead spots: Our rowers offer instant catch due to our triple-bladed impeller system. Most other rowers have dead spots which greatly impede on the stroke and flow oa a workout.
- Simple assembly and virtually maintenance free.
- Computer displays: Time, distance, 500m split time, strokes per minute, calories per hour, watts, interval training, and optional heart rate reception.
- **Computer USB Connection:**
  - Durable belt drive: Smooth, clean, quiet (no whirring noises), and built to last.
  - Solid construction makes this perfect for home gym applications.
  - Footboard offers a unique heel support system. Instantly adjusts to foot size. You can row in trainers, sneakers, socks, or bare feet.
  - Tank is made of tough polycarbonate shell with a triple-bladed stainless steel paddle. Variable water volume from 9 to 17 liters. **This is built to last. Upgraded density of the polycarbonate shell and seals provided even more peace of mind to the longevity of the product.**
- Maxium user weight - 136kg (300lbs).

**Dimensions:**

- Length: 1975mm (77.8")
- Width: 530mm (20.9")
- Height: 510mm (20.1")

**Warranty:**

- Frame - 5 years
- Tank and Seals - 2 years
- Components - 1 year.

## Limited Edition California Challenge AR Fluid Rowing Machine

The Limited Edition California Challenge Dual Rail AR (Adjustable Resistance) Fluid Rower by First Degree Fitness is designed and engineered by professional rowers and craftsman using only the highest degree of quality components - ensuring complete satisfaction in function, performance, and reliability. With its patented Fluid Technology, First Degree Fitness has incorporated the truest emulation of sensation, sight, and sound of real on-water rowing captured in the private setting of your own home.

The Limited Edition California Challenge Dual Rail AR Fluid Rower has the capability to allow the rower to control and adjust the resistance from “Feather light” to “Olympic sprint” delivering a silky smooth resistance to the user’s effort and instantaneous response to input with no “flat sport”. With water resistance being the most accurate manner in which to simulate actual outdoor rowing, the Limited Edition California Challenge Dual Rail AR Fluid Rower provides a smooth and consistent sensation throughout the range of motion of the exercise experience.

The Limited Edition California Challenge Dual Rail AR features an advanced computer monitor providing the rower with measurable performance output and an updated **USB connection for you to monitor your workouts on your desktop**. An ergonomically designed seat that rides on dual rail precision bearings and rollers for absolute smoothness and stability, an upgraded footboard with advanced heel support, and an innovative soft grip handle to eliminate stress on the hands and wrist during the comfortable, but physical workout. Upgraded tank density and seals provides even strong endurance and safety of the product indoor use. Let the new Limited Edition California Challenge Dual Rail AR Fluid Rower take you to the next level of rowing.

### Features and Benefits:

- Improved pulley system greatly increases the resistance, tension, and recoil action.
- Applies fluid resistance technology: Water - nature’s perfect resistance. More resistance than most single resistance level competitors.
- Ergonomic handle: Designed to prevent strain on the arms, wrists, and hands.
- Built-in transit wheels: Built to be light and easy to move around. Stores in just 21” x 20”.
- Super comfortable seat that rides on precision bearings and rollers for absolute smoothness.
- Highest quality anodized aluminum seat rail for smoothness, appearance, strength, and durability.
- No dead spots: Our rowers offer instant catch due to our triple-bladed impeller system. Most other rowers have dead spots which greatly impede on the stroke and flow oa a workout.
- Simple assembly and virtually maintenance free.
- Computer displays: Time, distance, 500m split time, strokes per minute, calories per hour, watts, interval training, and optional heart rate reception.
- **Computer USB Connection:**
  - Durable belt drive: Smooth, clean, quiet (no whirring noises), and built to last.
  - Solid construction makes this perfect for home gym applications.
  - Footboard offers a unique heel support system. Instantly adjusts to foot size. You can row in trainers, sneakers, socks, or bare feet.
  - Tank is made of tough polycarbonate shell with a triple-bladed stainless steel paddle. Variable water volume from 9 to 17 liters. **This is built to last. Ugraded density of the polycarbonate shell and seals provided even more peace of mind to the longevity of the product.**
- Maxium user weight - 136kg (300lbs).

**Dimensions:**

- Length: 1975mm (77.8")
- Width: 530mm (20.9")
- Height: 510mm (20.1")

**Warranty:**

- Frame - 5 years
- Tank and Seals - 2 years
- Components - 1 year.

## Limited Edition S-Series Commercial Grade Challenge AR Fluid Rowing Machine (Vertical Tank)

The motion of the First Degree Fitness E-316 Fluid Water Rowing Machine is so much like a real, on-the-water experience, you might start putting zinc on your nose while you work out. By using the natural resistance of water inside the polycarbonate tank, you get 16 levels of authentic, fluid resistance while you row your way to health. What makes this rower stand out is the fluid resistance and the drive system that doesn't catch or slack. Smooth air-glide rollers give a quieter, more even motion in both directions, and the Dyneema cable remains taut at every point in the stroke, just like you would expect from an actual oar. The easy-to-use LCD-screen and computer give you all the usual stats - calories, time, distance, and more - while also providing you with watts, strokes per minute, and an interval training feature for a more intense workout. At the end of your ride, the convenient design provides transit wheels that let you move the machine and an upright-standing feature that allows you to put it in the corner or closet. Additional Features LCD screen displays time, distance, and calories burned Tracks stroke rate, 500m interval time Interval training feature for effective cardio Rugged, polycarbonate tank Direct Drive catches instantly with no slack High seat position reduces back strain Anodized aluminum seat rail Dyneema cable is 5x stronger than steel No cable lubrication required Contoured, ergonomic rower handle Transit wheels for easy mobility Stands upright for easy storage Weight capacity: 450 lbs. About First Degree Fitness Starting in 2000, First Degree Fitness decided to ring in the new millennium by providing the fitness market with a range of equipment that combined robustness with simplicity.

- **Product Dimensions:** 75 x 22 x 30 inches ; 157 pounds
- **Shipping Weight:** 120 pounds ([View shipping rates and policies](#))
- **Shipping:** This item can only be shipped to the 48 contiguous states. We regret it cannot be shipped to APO/FPO, Hawaii, Alaska, or Puerto Rico.
- **ASIN:** B001Q3M81E
- **Item model number:** E-316