HYPER BENCH













- Use with or without dumbbells for ripped abs and a strong back
- Thickly padded bench with durable stitched vinyl upholstery
- Easy-to-reach extended hand grips
- Pivoting foam rollers hold your lower legs in place for hyperextension exercises, and feet in place for crunches
- High-density foam pads add comfort and support
- Non-slip footrest
- Non-slip rubber frame caps also protect floors
- Adjustable footrest and backrest, to accommodate height and workout intensity

Assembled dimensions: 30" tall x 39" long x 21" wide

