

The best way to use the mug is as follows:

Tighten the lid until the small hash marks on the front of the mug and the lid are aligned, then turn the dial (not the lid) to: LOCK, SIP or TIP & COOL. Make sure that you are turning the dial not the lid itself...



• **Tip & Cool mode:**

Temperature Control Chamber Activated.

Tip the mug directly away from you for 2 seconds at about a 45-degree angle and give the mug a wiggle (you'll hear the liquid "glug"). Then swill the mug with a brandy motion, this reduces the ambient temperature of the one mouthful in the cooling chamber whilst the remaining beverage stays hot in the inner chamber. The longer you swill the cooler the sip. The "tip and cool" setting is designed to work best when the mug is completely full. Once the mug is 3/4 or less full, use the "sip" setting. By this time the main beverage should have reached a palatable temperature.



• **Lock mode:**

The Mug locks the flavour in and is leakproof.

Once the "Lock" option is selected, you need to drain/drink the remaining liquid in the cooling and then your mug will be leakproof.

• **Sip mode:**

Temperature Control Chamber Bypass.

Drink directly from the central chamber once your drink is cool enough to drink without using the tip & cool mode.