



# Lifting Straps



"I trained with the Schiek 1000PLS straps even before turning pro. Train with the best!"  
*Jay Cutler, Mr. Olympia*

"Schiek Straps are the Real Deal!"  
*Chris Cormier, Champion Pro Bodybuilder*



## Power Lifting Straps

### Model 1000-PLS

- A deluxe 1/4" thick and 2 1/2" wide plush neoprene wrist support.
- 1 1/2" wide and 12" long nylon/acrylic webbing for optimum grip and durability.
- The strap is triple stitched perpendicular to the wrist support for secure and precise wrap around the bar.
- 1 1/2" wide rugged stainless steel buckle.



## Dowel Lifting Straps

### Model 1000-DLS

- Same wrist support design as our padded lifting straps.
- 6" long nylon/acrylic strap with special die cut rubber dowel for a quicker grip.
- Dowel acts as a wedge between the hand and bar.
- Ideal for people that are uncomfortable using longer straps.



## Wrist Supports

### Model 1100-WS

- Non-stretch to ensure maximum support.
- 1/4" thick and 2 1/2" wide neoprene padding for extreme comfort.
- 2" extra wide outside strap for added support.
- 2" wide rugged steel buckle for a secure fit.



### Basic Lifting Straps



#### Model 1000-BLS

- Same durable 1 1/2" nylon/acrylic webbing as our deluxe straps.
- Full 20" length.

### 2" Basic Lifting Straps



#### Model 1000-BLS2

- Extra-wide 2" strap for maximum grip.
- Full 20" length.
- Ideal for powerlifters and strong men.

### Basic Padded Lifting Straps



#### Model 1000-BPS

- 1/8" neoprene padding for added comfort.
- Same design and durability as our basic lifting strap.

### Leather Lifting Straps



#### Model 1000-LLS

- Extra thick 1 1/2" wide natural leather.
- Full 21" length.
- Ideal for people who prefer leather

All Schiek nylon/acrylic lifting straps and wrist supports are made with pride in the USA.