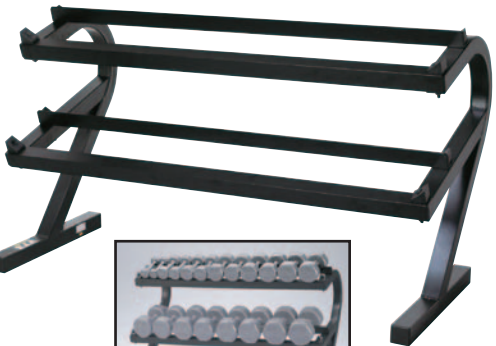


**DUMBBELL RACKS**



**GVDR-13**  
Compact Vertical Dumbbell Rack. Holds 13 pair of Hex or VTX dumbbells. Quality storage with a user friendly design.  
15" L x 21" W x 42" H

**GTDR-3 3-Tier Shelf Dumbbell Rack**  
Holds 15 pair of dumbbells.  
62 1/4" L x 28" W x 40 1/2" H




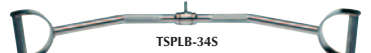




**T-DR Deluxe 2-Tier Dumbbell Rack**  
12-gauge heavy 2" x 2" tubing. 2-tier shelving accommodates numerous types of dumbbells.  
52" L x 24" W x 32" H



**CABLE ATTACHMENTS**

<b>TXB</b>	<b>MULTI-EXERCISE BAR WITH SINGLE FORGED SWIVEL</b> – Most versatile piece for seated rows, triceps press down and biceps curls.	
<b>TDSH</b>	<b>DOUBLE STIRRUP HANDLE</b> – Concentration grip facilitates back and shoulder development. New Improved "ERGO" handle.	
<b>GCT</b>	<b>CHINNING TRIANGLE – SOLID (DOUBLE LOW ROW)</b> - Specifically designed for back, shoulders and arms. New Improved "ERGO" handle.	
<b>GTVB</b>	<b>TRICEPS PRESS DOWN BAR – SOLID</b> - Provides excellent triceps extension and contraction.	
<b>TCCH-D</b>	<b>HEAVY DUTY SINGLE CABLE HANDLE – SOLID</b> - Features long life bushing for increased durability.	
<b>TOCH-S</b>	<b>REVOLVING STIRRUP HANDLE – SOLID</b> - Offers increased range of motion with less stress on wrists and elbows.	
<b>TTVB-S</b>	<b>TRICEPS PRESS DOWN BAR WITH SWIVEL – SOLID</b> - Swivel allows continuous tension throughout the range of the exercise.	
<b>GCCH</b>	<b>SINGLE CABLE GRIP – SOLID</b> - Rotating handle provides a smooth, controlled movement. New Improved "ERGO" handle.	
<b>TCCH-R</b>	<b>REVOLVING STIRRUP HANDLE WITH RUBBER GRIP – SOLID</b> - Features a non-slip, textured rubber grip for comfort.	
<b>ATR-36</b>	<b>TRICEPS PRESSDOWN ROPE</b> - Versatile rope w/solid ends promotes upper body muscle development.	

<b>TLB-48S</b>	<b>48" LAT BAR WITH FORGED SWIVEL</b>	
<b>TCB-28S</b>	<b>28" REVOLVING CURL BAR WITH FORGED SWIVEL</b>	
<b>TSB-20S</b>	<b>20" REVOLVING STRAIGHT BAR WITH FORGED SWIVEL</b>	
<b>TSPLB-34S</b>	<b>CAMBERED PRO STYLE LAT BAR WITH FORGED SWIVEL – SOLID</b> • Angled handles offer deeper stretch for more complete lat development • Knurled inside grips allow use for triceps and biceps workout	
<b>TPLB-34S</b>	<b>34" PROSTYLE LAT BAR WITH FORGED SWIVEL – SOLID</b> • Wider grip offers greater lat and shoulder isolation. New contoured handle.	
<b>TPLB-24S</b>	<b>24" PRO STYLE LAT BAR AND FORGED SWIVEL – SOLID</b> • Shorter length creates more intense multiple muscle involvement. New contoured handle.	

**AEROBIC PAC**



The Aerobic Pac features easy stackable compartments that provide an attractive, convenient way to secure, store, and display your aerobic dumbbells. The Aerobic Pac includes rack with locking mechanism and 43 pair of dumbbells: 14 - 1 lb., 12 - 2 lb., 18 - 3 lb., 16 - 5 lb., 14 - 8 lb., and 12 - 10 lb. Dumbbells are available either vinyl- or neoprene-coated with contoured handles.

Padlock not included.  
Optional under rack not included.  
Optional casters available for easy mobility.



Under rack allows for the addition of 6 pair of 12 lb. or 15 lb. dumbbells.

**Aerobic Dumbbells are now available in 15 lbs!**



**GTD-Neoprene Dumbbells**  
Premium GTD Neoprene Dumbbells w/contoured handles will not rust, crack or fade. Ideal for commercial use. Black. Available in sizes: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 12 and 15lbs.

