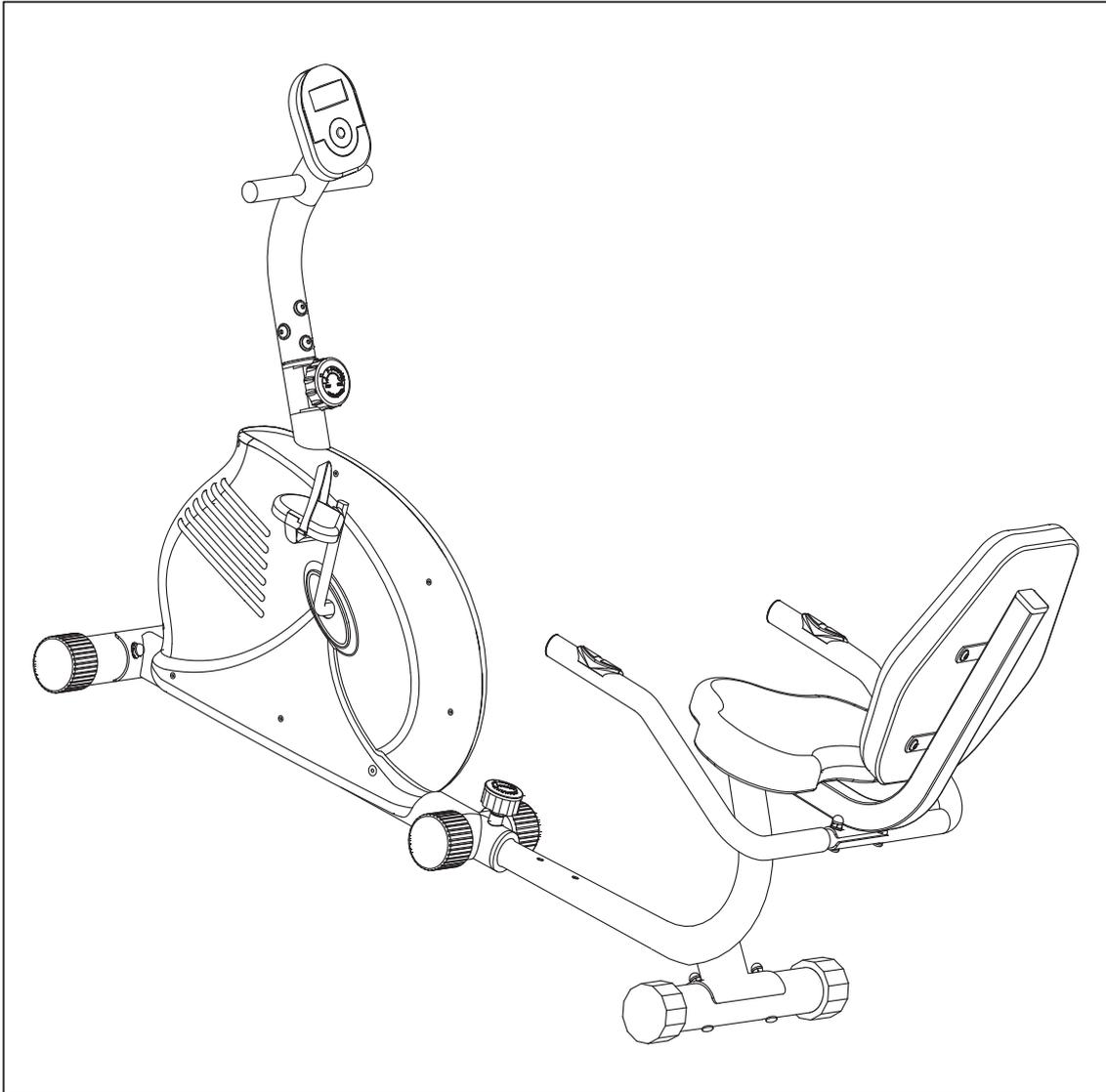




Sunny Magnetic Recumbent Bike

SF-RB921



IMPORTANT!

PLEASE READ THIS MANUAL CAREFULLY BEFORE USING THE BIKE

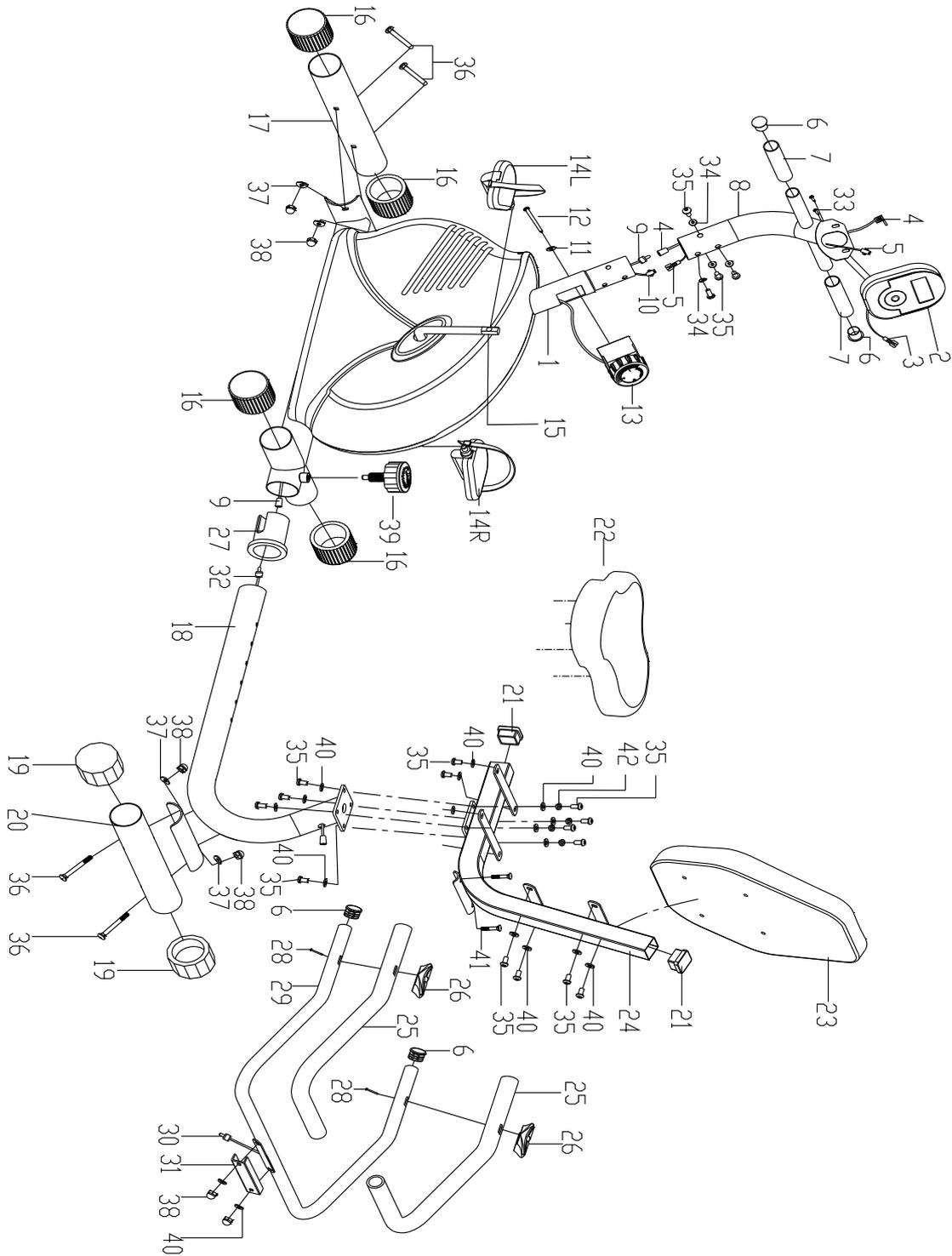
For Customer Service, please contact: support@sunnyhealthfitness.com

IMPORTANT SAFETY INFORMATION

We thank you for choosing our product. To guarantee your safety and health, please use this equipment correctly. Please read the information below carefully before using this equipment.

1. It is important to read this entire manual before assembling and using the equipment. Safe and effective use can only be achieved if the equipment is assembled, maintained and used properly.
2. Before starting any exercise program you should consult your doctor to determine if you have any medical or physical conditions that could put your health and safety at risk, or prevent you from using the equipment properly. Your doctor's advice is essential if you are taking medication that affects your heart rate, blood pressure or cholesterol level.
3. Be aware of your body's signals. Incorrect or excessive exercise can damage your health. Stop exercising if you experience any of the following symptoms: pain, tightness in your chest, irregular heartbeat, extreme shortness of breath, lightheadedness, dizziness or feelings of nausea. If you do experience any of these conditions you should consult your doctor before continuing with your exercise program.
4. Keep children and pets away from the equipment. The equipment is designed for adult use only.
5. Use the equipment on a solid, flat level surface with a protective cover for your floor or carpet. To ensure safety, the equipment should have at least 1.7 feet of free space all around it.
6. Before using the equipment, check that the nuts and bolts are securely tightened. Always use the equipment as indicated. If you find any defective components while assembling or checking the equipment, or if you hear any unusual noises coming from the equipment during use, stop immediately. Do not use the equipment until the problem has been rectified.
7. There are many functions of the computer; the data will show when using the equipment and will display information about your exercise routine.
8. Wear suitable clothing while using the equipment. Avoid wearing loose clothing that may get caught in the equipment or that may restrict or prevent movement.
9. This equipment is designed for indoor and home use only. Maximum weight of user: 265 LB.
10. Care must be taken when lifting or moving the equipment so as not to injure your back.
11. The equipment is not suitable for therapeutic use.
12. Please save this manual and the assembling tools as well.

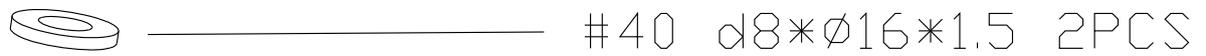
EXPLODED DIAGRAM



PART LIST

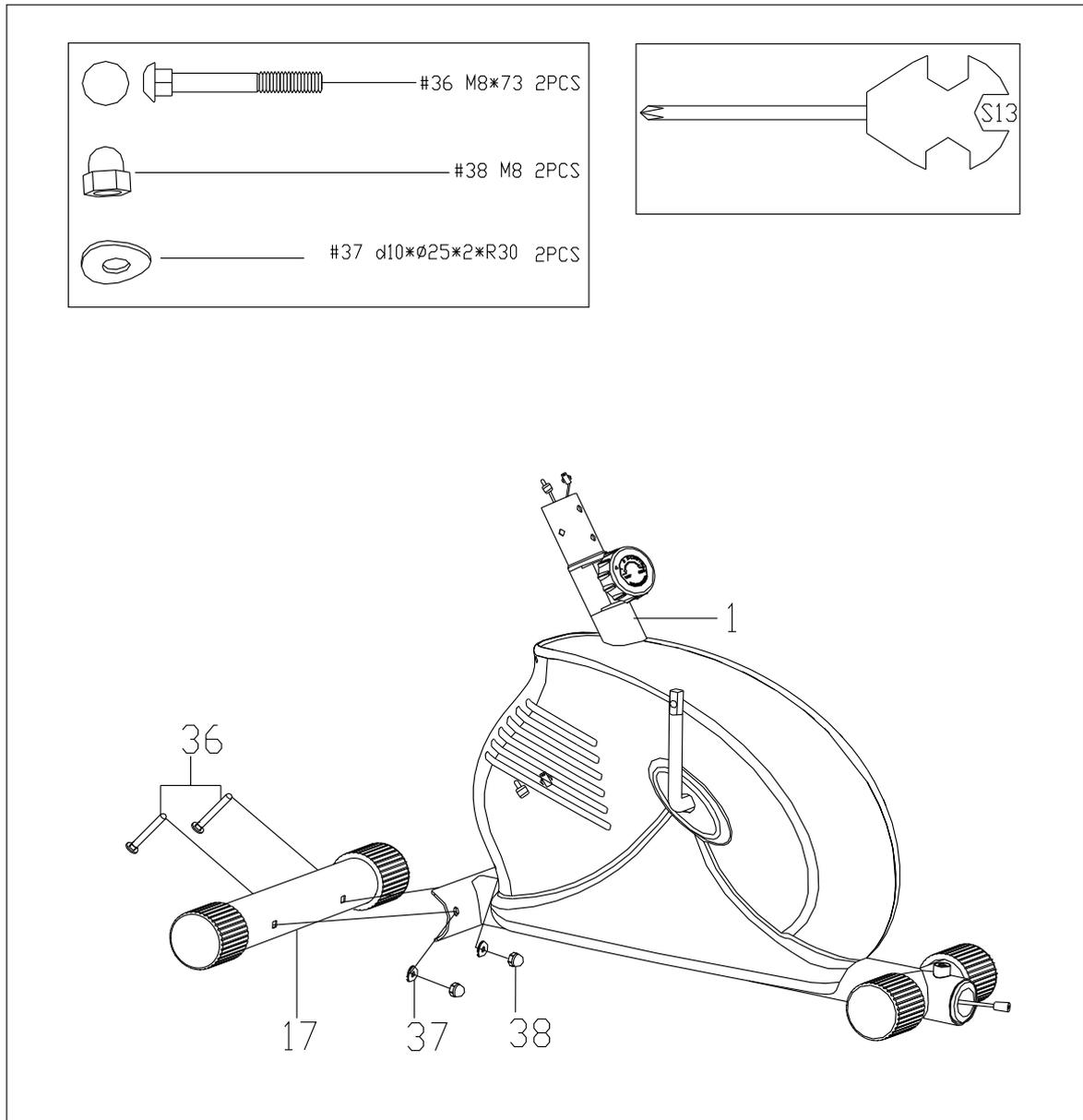
NO.	DESCRIPTION	Q'TY	NO.	DESCRIPTION	Q'TY
1	Main frame	1	22	Cushion	1
2	Computer	1	23	Back cushion	1
3	Computer wire	1	24	Back seat rack combine	1
4	Handle pulse wire 1	1	25	Foam grip 2	2
5	Trunk wire	1	26	Handle pulse	2
6	End cap for tube $\phi 25 \times 1.5$	4	27	Bushing	1
7	Foam grip 1	2	28	Screw ST4.2*19	2
8	Handle bar post	1	29	Handle bar	1
9	Handle pulse wire 2	1	30	Handle pulse wire	1
10	Sensor wire	1	31	Handlebar cover board	1
11	Arc washer $d5 \times \phi 20 \times 1.5 \times R30$	1	32	Handle pulse wire 3	1
12	Bolt M5*35	1	33	Screw M5*10	2
13	Tension control	1	34	Arc washer $d8 \times \phi 20 \times 2 \times R30$	4
14L/R	Pedal	2	35	Bolt M8*15	16
15	Crank	1	36	Bolt M8*73	4
16	End cap	4	37	Arc washer $d8 \times \phi 25 \times 2 \times R30$	4
17	Front stabilizer	1	38	Nut M8	6
18	Seat rack combine	1	39	Knob M16	1
19	End cap	2	40	Washer $d8 \times \phi 16 \times 1.5$	14
20	Rear stabilizer	1	41	Bolt M8*43	2
21	End cap $38 \times 38 \times 1.5$	2	42	Spring washer d8	4

HARDWARE PACKAGE



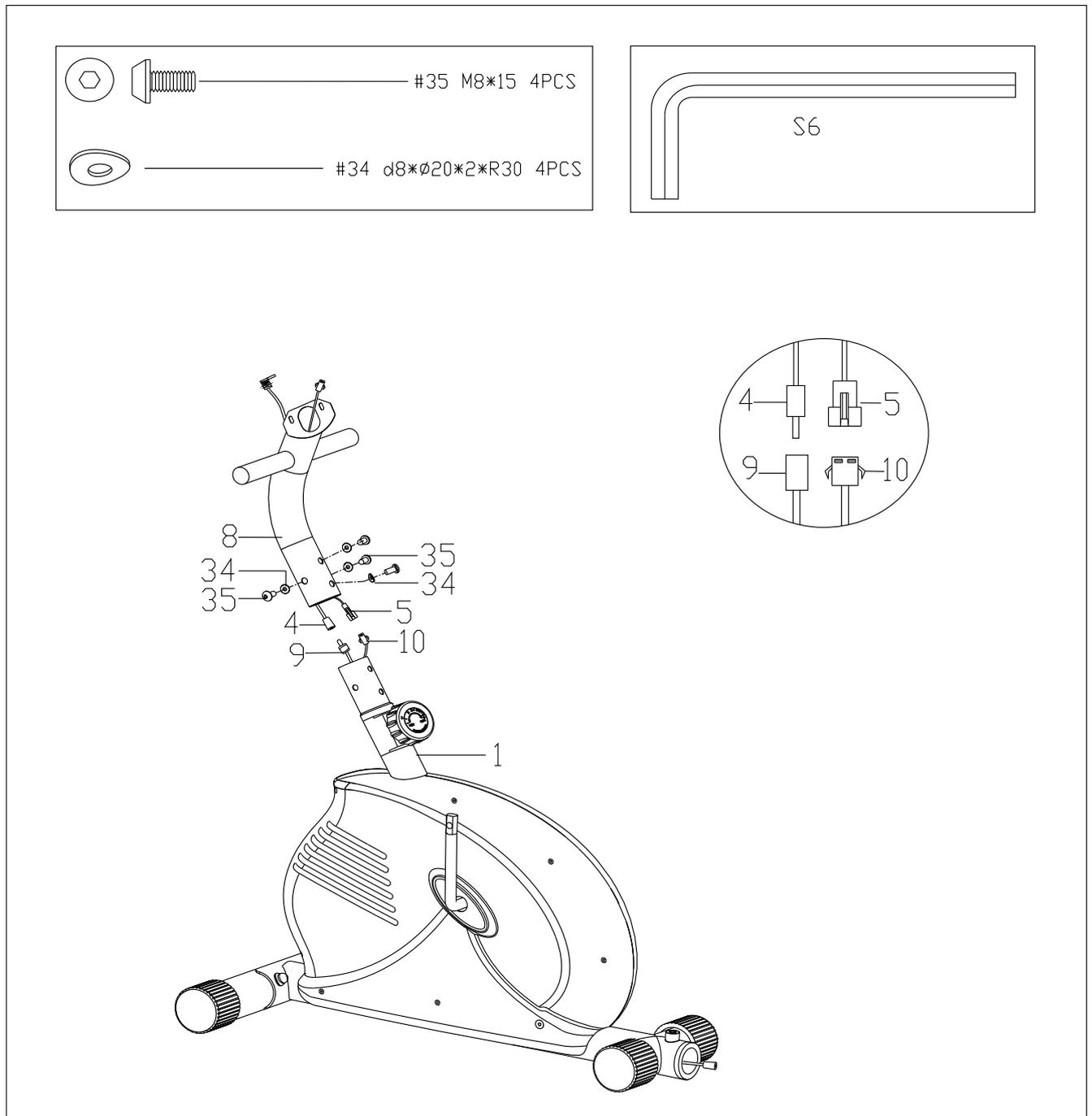
ASSEMBLY INSTRUCTIONS

STEP 1:



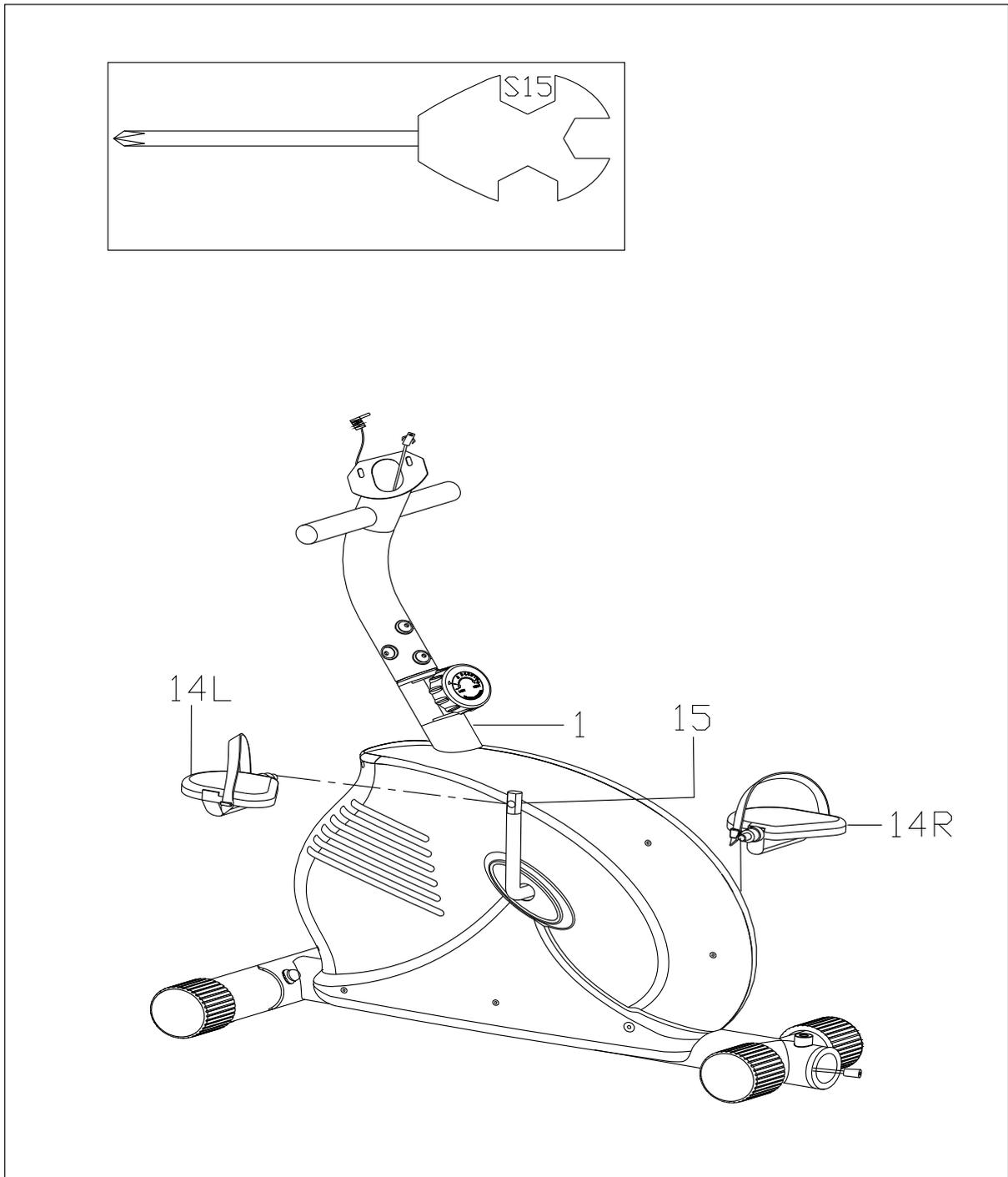
Secure front stabilizer (17) to main frame (1) with bolt (36), arc washer (37) and nut (38).

STEP 2:



- Connect handle pulse wire 1 (4) with handle pulse wire 2 (9), trunk wire (5) with sensor wire (10);
- Connect handle bar post (8) to main frame (1) with bolt (35) and arc washer (34).

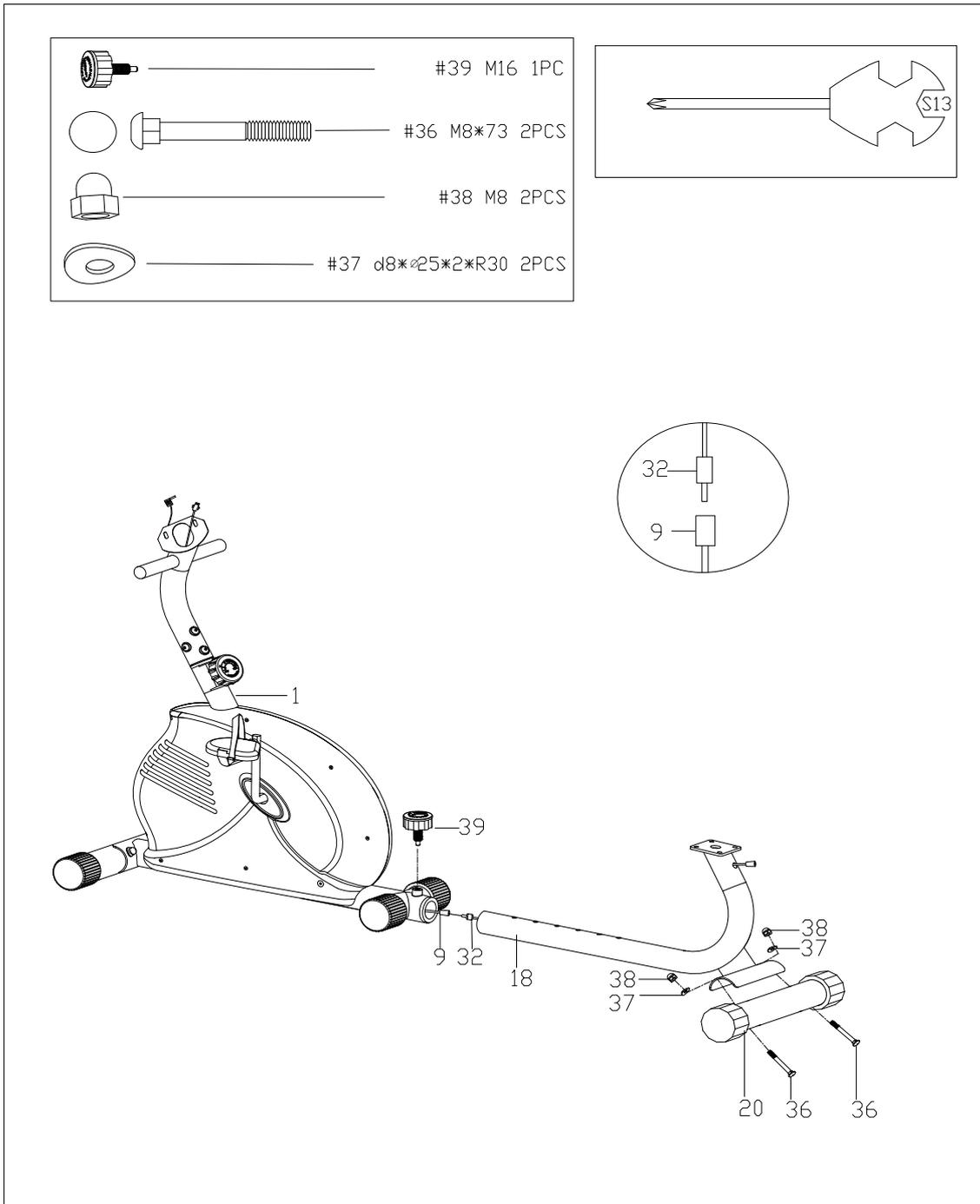
STEP 3:



Secure pedals (14L/R) to crank (15).

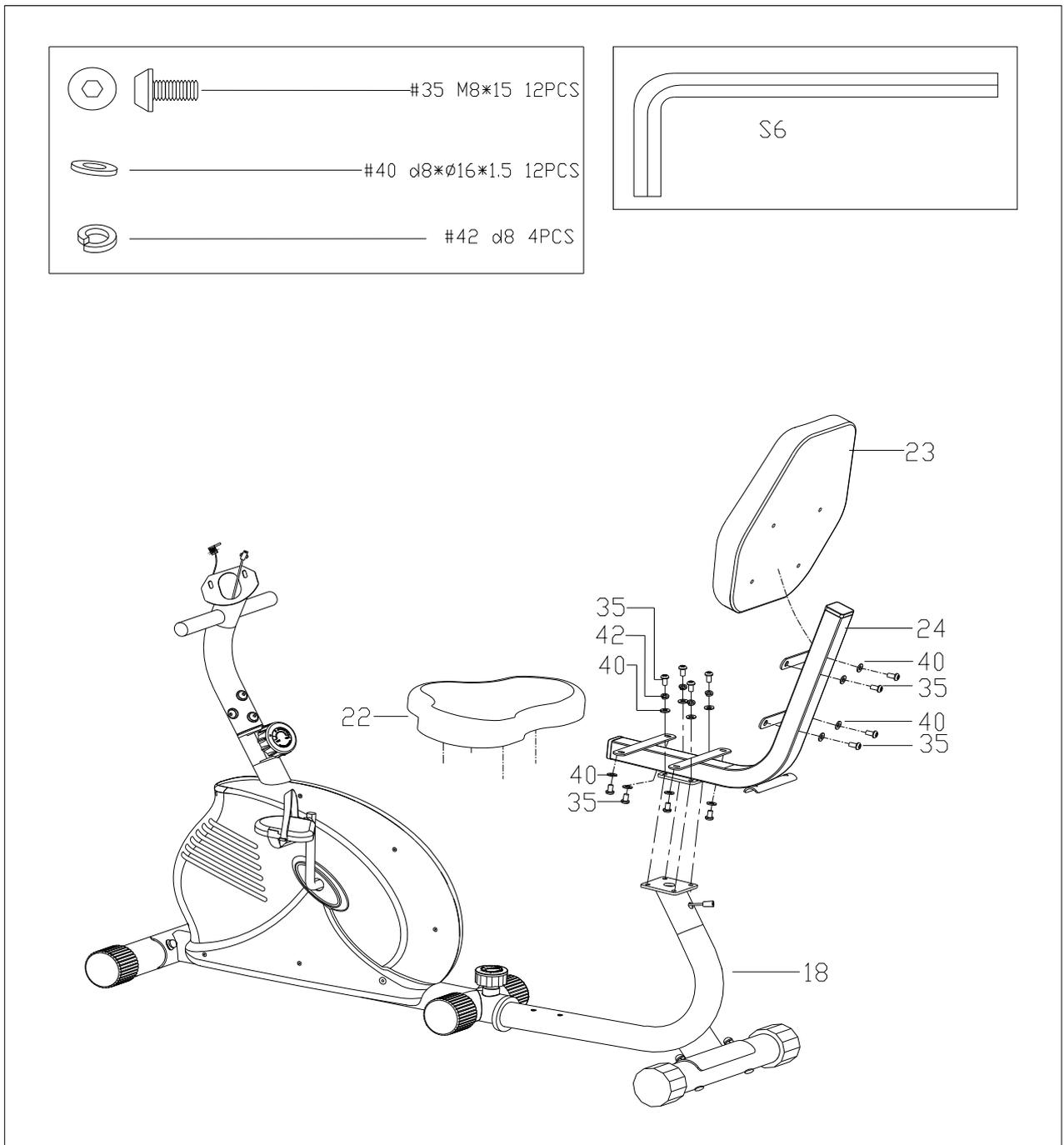
★IMPORTANT: The Left Pedal (14L) should be screwed on counter-clockwise to tighten. The Right Pedal (14R) should be screwed on clockwise to tighten.

STEP 4:



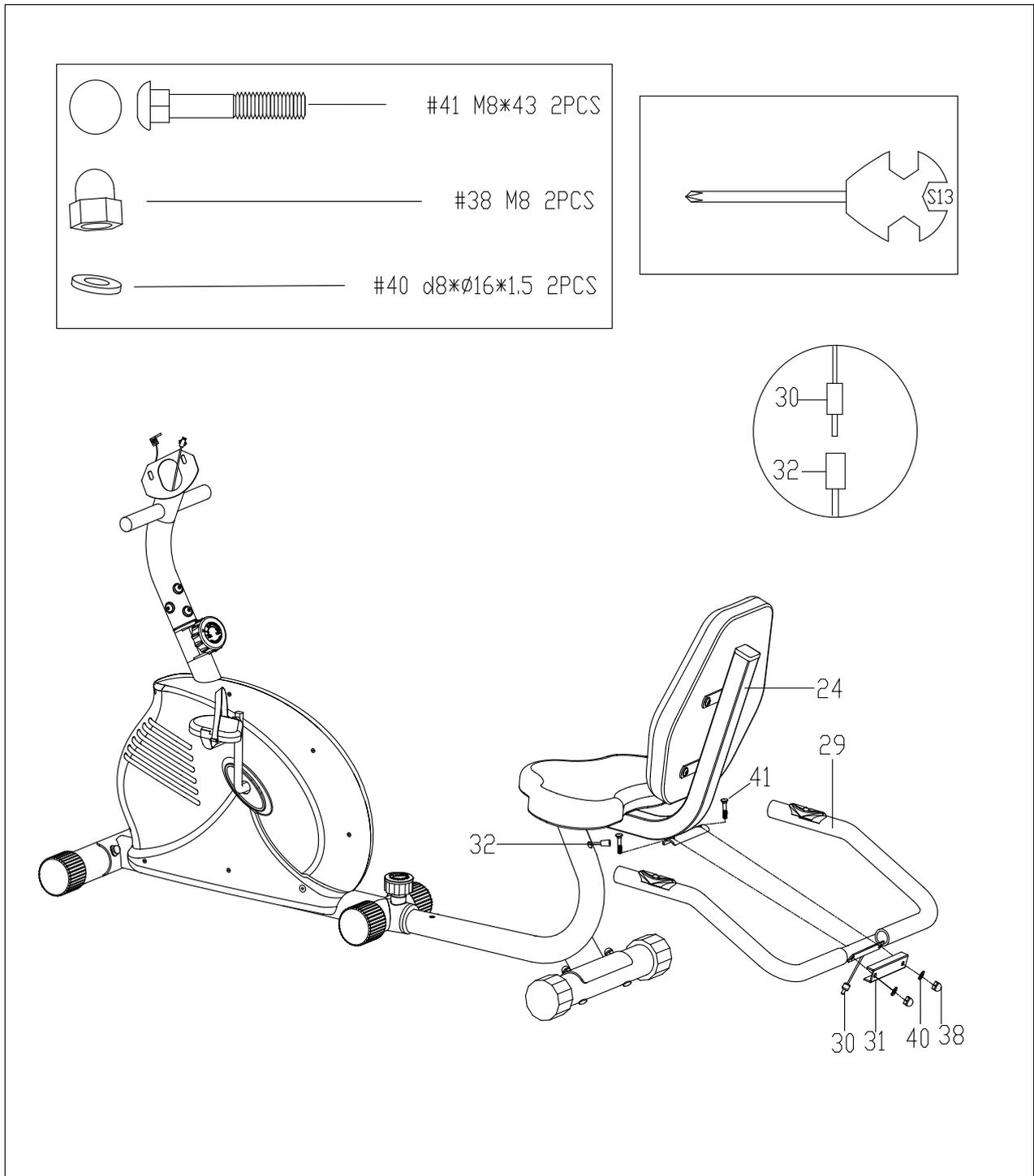
- Secure rear stabilizer (20) to seat rack combine (18) with bolt (36), arc washer (37) and nut (38);
- Connect handle pulse wire 3 (32) with handle pulse wire 2 (9). Then insert seat rack combine (18) into main frame (1), and secure it with knob (39).

STEP 5:



- Secure back seat rack combines (24) to seat rack combine (18) with screw (35), spring washer (42) and washer (40);
- Secure cushion (22) and back cushion (23) to back seat rack combine (24) with screw (35) and washer (40).

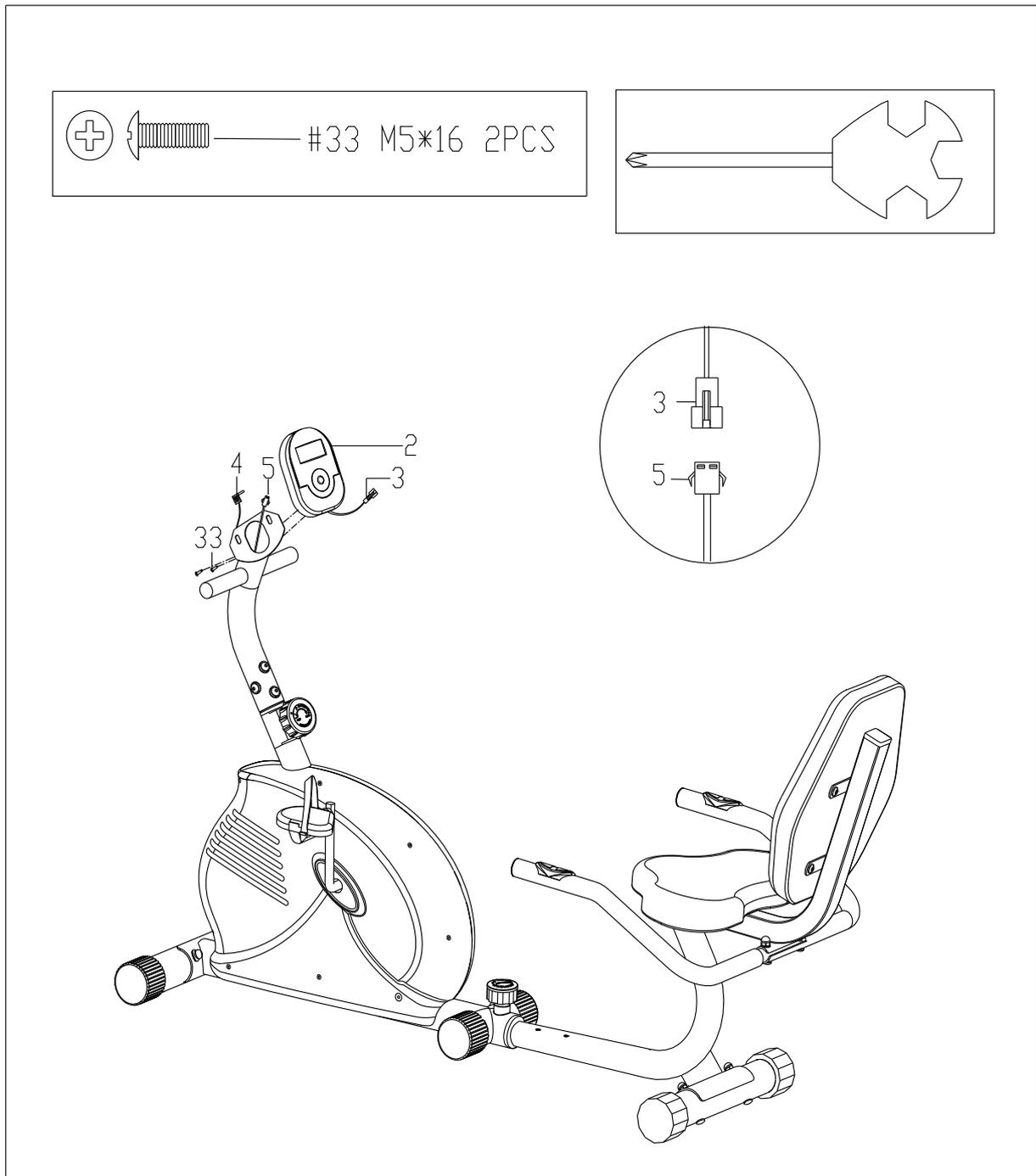
STEP 6:



a. Secure handle bar (29) and handlebar cover board (31) to back seat rack combine (24) with bolt (41), washer (40) and nut (38) .

b. Connect handle pulse wire (30) with handle pulse wire 3 (32).

STEP 7:



Connect trunk wire (5) with computer wire (3), and secure computer (2) to handle bar post (8) with screw (33). Then insert handle pulse wire 1 (4) to the hole on the back of computer. Assembly is complete.

Version: Jan.31,2013